

## **Pelham Youth Football/JSYF 2023 Important Dates**

**Saturday, July 15<sup>th</sup> – Coaches Clinic at PHS with PHS Varsity Football 9AM-2PM**

**Monday, July 17<sup>th</sup> – Pelham Youth Coaches' Meeting Pelham Rec Center 6PM**

**Wednesday, July 19<sup>th</sup> One-Day Camp at PHS with PHS Varsity Football 6-8PM**

**Saturday, July 22<sup>nd</sup> Coaches Meeting OAK MOUNTAIN HIGH SCHOOL**

**Sunday, July 24<sup>th</sup> Equipment Distribution Pelham City Park Football Game Field**

**Monday, July 24<sup>th</sup> Acclimation and Conditioning Week- No Contact. Players must wear helmets only for two days**

**Monday, July 31<sup>st</sup> Practice Start Date (Can only have 22 practices from 8/01/2022-8/28/2022)**

**Saturday, August 19<sup>th</sup> First Weigh-In (Location TBD)**

**Saturday, August 26<sup>th</sup> Second Weigh-In Helena Community Center**

**Monday, August 28<sup>th</sup> OPENING NIGHT**

**Homecoming Parade – Thursday, September 28<sup>th</sup>**

**Youth Night – Friday, September 1<sup>st</sup> vs Oak Mountain PHS/ Ned Bearden Stadium**